

Lesson: Plastics Cycle





Worksheet – Activity 3: Match the Sustainable Alternative








Plastic is used in a lot of different items. Some of these items are only designed to be used for a very short time. We call these single-use plastics.



We need your help to think of sustainable alternatives that last longer than single-use plastics.

- **Match the sustainable alternative by drawing a line from the single-use items on the top to their more sustainable alternative below. After all matches have been made, look at the plastic info cards to learn more about the use of these single-use plastics around the globe.**

Single-use items	Plastic water bottle 	Plastic sandwich sized Ziploc bag 	Plastic straw 	Plastic shopping bag 	Plastic cutlery 	Plastic produce bag 	Disposable Coffee cup 
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Sustainable Alternatives	Cutlery set 	Fabric produce bag 	Tupperware container 	Travel mug 	Cloth shopping bag 	Metal water bottle 	Metal, bamboo or silicone straw 
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Do you notice that some of the sustainable alternatives had plastic in them? (circle answer) YES NO

If you answered yes, explain why it might be ok for those examples. _____

Final reflection: Let's wrap up and reflect back on what we learned!

- **Are you already using some of the sustainable alternatives we just learned about? Do you have additional alternatives to add?**

- **What are some ideas you have to reduce how much plastic you use in your everyday life?**

- **Is there something you plan to do differently in your daily life now after learning more about the plastic cycle?**
